

Willow Rose LPC CHT ~ "SpiritWell"
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COVID-19 HEALTH SCREENING and OFFICE PROTOCOLS

Within the Guidelines of her trainings, experiences and Transpersonal orientation, Willow Rose offers a variety of practices and modalities. By their nature, some modalities are best offered "in person." Others more easily translate (without loss of power) to "remote sessions" (Appointments via Phone or Teletherapy) while others may require a more individualized choice (based on the client, modality offering and Willow's intuition) for either "in person," "remote" or combination.

To support the health and well being of her clients, the Tamarack Building which holds her office, other practitioners, and their clients, (as well as Willow's own health), there are a number of guidelines currently in place should "we" choose to engage "in person" at Willow's office for Psychotherapy or other modalities.

Noted Below is a Summary of these Guidelines. Should we agree to work together, "in person," each client is required to sign an agreement to abide by these and additional guidelines.

--Your 'Personal Face Mask/Face Shield' is required to be worn at all times in the Tamarack Building and in Willow's Private Office. Willow will also wear mask/face shield during our sessions and in all interactions.

Willow's Office:

-Willow will meet you in "Spirit Well" waiting area located in main hallway, and will escort you to office; allow her to open and close the door. As you enter, use hand sanitizer just inside office door.

-To maintain physical distancing please sit on section of couch with white covering. Do not bring your own blanket/seat coverings into the office. At this time: pens/paper/water will not be available in office. Please bring your own.

Scheduling and Office Health:

-Willow's appointment schedule may vary in order to provide time "in between" sessions for cleansing, clearing and dis-infecting the office and waiting area.

-Within the office, windows will be open. Fans that include air purifiers will be utilized during our time together and activated to higher speed in between sessions.

People who are positive for COVID-19 experience a wide range of symptoms ranging from mild to severe. COVID can infect and be spread to others by people of ALL ages. Symptoms may arise 2 to 14 days after exposure. If you have been infected, you may still transmit the virus even if you do not have/show symptoms.

The most "common" symptoms may include:

Cough - Chills - Fever - Sore Throat - Muscle pain

Shortness of breath/Difficulty breathing

New Loss of sense of taste or smell

Digestive Issues - Deep Fatigue - New headache

---If you have experienced any of the symptoms noted above, either day of our appointment or within the past 14 days we will cancel that appointment.

---If, in the past 14 days, you can answer, "Yes" to any of the following statements, OUR APPOINTMENT IS CANCELED.

---I have been in physical contact with someone known or presumed to have COVID

---I have attended a social gathering or event where physical distancing was not maintained and/or masks were not worn, and/or traveled to a locale, out of state/country or that has a high rate of COVID infection

-I am currently awaiting the results of a COVID test.

If you are interested in scheduling a Consultation to explore "Mutual Match," or discuss the various modalities I offer, feel free to inquire how these guidelines could effect the work we might engage in together.

Be Well!!!!

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(voicemail only)